

# KNOX-AREA INTERSCHOLASTIC SWIM LEAGUE REGIONAL HIGH SCHOOL SWIMMING & DIVING CHAMPIONSHIPS JANUARY 22 & 23, 2016

UNIVERSITY OF TENNESSEE  
ALLAN JONES INTERCOLLEGIATE AQUATIC CENTER  
KNOXVILLE, TN.

## MEET DIRECTOR:

Jackie Bertucci  
(865) 207-7297  
kislentries@tnaquatics.com

## MEET ENTRIES:

Jackie Bertucci  
Phone: (865) 207-7297  
kislentries@tnaquatics.com

## MEET REFEREE:

Burke Arthur  
bavol@tds.net

## MEET SCHEDULE

### MONDAY, JANUARY 18, 2016

9:00PM Deadline for meet entries received by Jackie Bertucci at email address above

### FRIDAY, JANUARY 22, 2016 - DIVING COMPETITION

5:00 - 6:20 PM Diving Check-in and Warm-up  
6:30 PM Diving Competition

### SATURDAY, JANUARY 23, 2016 - SWIMMING COMPETITION

#### PRELIMINARY SESSION

7:00 AM Doors Open  
7:30 - 7:50 AM Coaches' Meeting  
7:50 - 8:50 AM Warm-up Session - Schedule to be determined  
9:00 AM Swimming Preliminary Competition  
Time Trials may follow last Preliminary event (at discretion of the Referee)

4:00 PM KISL Post Season Membership Meeting (Hospitality Room)

#### FINALS SESSION

5:00 - 5:10 PM Coaches' Meeting  
5:10 - 5:50 PM Swimming warm-up for finals  
6:00 PM Swimming Finals Competition and Awards

## **MEET FACILITIES and GENERAL INFORMATION**

The 2016 KISL Regional Championship Meet will be held at the University of Tennessee Allan Jones Intercollegiate Aquatic Center in Knoxville, TN. This facility features a 50 meter by 25 yard competition pool and a separate diving pool. Spectator seating is available on the balcony level during all sessions. Team seating will be provided on bleachers set up on the deck. The competition course has been certified in accordance with USA 104.2.2C(4) and a copy of the certification is on file with USA Swimming.

The diving competition will be held Friday, January 22 and the swimming competition will be held on Saturday, January 23. The swimming pool will be configured into two eight to ten lane courses for the Preliminary Session, allowing the Men's and Women's preliminaries to be swum simultaneously in the morning. For the Finals Session both Men and Women will compete on the same eight lane course.

Only properly-credentialed athletes, coaches, officials and workers will be allowed on the pool deck. All others may view the meet from the spectator gallery on the North side of the facility.

Families will sit in the stands and are not allowed on deck unless working. Feel free to bring sleeping bags/blankets, chairs, and items to occupy your swimmer when not in the pool. These items are allowed on the pool deck only, not in the stands. Coolers are allowed on the pool deck, not in the stands. There will be a concession stand to purchase drinks and snacks. There is no running or throwing of balls (or any other object) in the building.

**Parking on the University Campus:** You may purchase \$10.00 passes at the Metron lot, which is the site to park for this meet. You may also meter park on Volunteer Ave without a pass. If you choose not park at the designated areas you are parking at your own risk and could be subjected to being towed. Parking funds go directly to the University and prices are controlled by the University. (Note: these passes are NOT for the parking garages close to the pool).

\*To help with the walk from the Metron Center, the company Joyride will be offering rides from the parking area to the facility, costing only tips. The number for Joyride Knoxville is (865) 333-4569.

**Swim and Tri will be present for any purchasing needs.**

**Meet T-Shirts will for sale at the meet**

**Seating** - There is limited bleacher seating inside the pool area for swimmers only. Please bring folding chairs, blankets, sleeping bags, etc. Non swimmers are not allowed on the deck and must sit in the stands.

**Bring warm clothing, extra towels, parkas, etc.**

**Meet Programs & Heat Sheets will be for sale at the ticket booth in the entrance lobby.**

**Pictures during the races:** The officials have asked that no flash photography be used during the races as a flash start is used.

## PARTICIPANT ELIGIBILITY

The KISL Regional Championship Meet is open to high school swimmers and divers being a member of one of the KISL member teams and meeting the eligibility requirements as stated in the current year KISL rules. Additionally, 'Home Schooled' swimmers and divers in grades 9 through 12 may participate in the meet as 'Unattached'. Others may participate as 'Unattached' by permission of KISL Executive Committee. **No 'Middle School' swimmers or divers may participate in the KISL Regional Championship Meet.**

Swimmers and divers must have participated in at least 2 regular season KISL meets and meet all other KISL membership requirements to be eligible for the Championship Meet.

Qualifying times for certain individual events must have been met during a regular season meet for a swimmer to be entered in that event.

## ENTRY REQUIREMENTS

KISL teams may enter the KISL Regional Championship Meet by sending a Hy-Tek Team Manager (TM) compatible entry file and mailing completed summary form with entry fees to designated person(s).

**Deadline for receipt of TM entry files is 9:00 PM on Monday, January 18, 2016.**

**Late Entries** or changes will be allowed until 9:00PM on Tuesday, January 19, but competitors will be entered as 'no time' on each event. Entries received after the Late Entry deadline will not be accepted. A Psych Sheet will be posted on Wednesday, January 20.

### **Email TM entry file to:**

Jackie Bertucci  
kislentries@tnaquatics.com

**Meet entries for KISL Championship and KMSSL Championship meets must be submitted separately.**

Any entries sent together will not be accepted. The entry file for KISL Championship must be sent to Jackie Bertucci (kislentries@tnaquatics.com) by 9:00 PM on Monday, January 18, 2016.

The meet entry file for KMSSL Championship must be sent to Annabel Henley by 9:00 PM on Monday, January 18, 2016 at middleschoolentries@tnaquatics.com

The TM entry file should include information for each athlete that will be participating in the Championship Meet including; Last Name, First Name, Middle Initial, Birth date and Gender. USA registered swimmers should also include their USA-S ID#, **only USA registered swimmers should include USA-S ID#**. All entered times must have been achieved during the current high School season which began on September 1, 2015. The TM Entry File must be emailed to the designated Meet Entries person no later than the entry deadline. **If there are questions regarding the use of Team Manager to enter this meet, please contact Jackie Bertucci (Meet Director) at (865) 207-7297 or kislentries@tnaquatics.com**

The Entry Fee Form should include school name and complete, accurate contact information for both team coach and team representative, including phone numbers and email addresses. New this year: the meet entry fees will be due at the Meet...Please bring your entry fee check reflecting the \$10 per athlete fee, the Meet Summary form, and a list of coaches requiring deck access during the meet.

**\* Please bring your school check to the meet or plan on writing a personal check that can be held until your school check is received.**

A competitor officially becomes a participant in an individual event when the official entry file is received by the designated KISL Entries person listed on the first page. Such official competitors may compete in relays upon declaration of the team coach at the meet.

Each competitor may be entered in a maximum of four events, no more than two of which may be individual events. This means that any given swimmer will be seeded in only two events. Diving is an individual event and will count towards the total allowed events per competitor.

A team may enter any number of competitors in each individual event; however only four may place.

A team may enter any number of relay teams per relay event, however only the "A" relay may place. All other relay teams entered will be considered as non-scoring, 'exhibition' relay teams.

## **MEET RULES AND PROCEDURES**

The KISL Regional Championship Meet will follow the 2015-2016 National Federation of State High School Associations (NFSHSA) Rules Book, except as superseded by KISL Constitution and Bylaws, KISL Championship Meet Rules, or this Meet Invitation.

The Meet shall be conducted using fully automatic electronic timing equipment with timing and place order determined in conformance to the current NFSHSA and USA Swimming rules.

**It is the responsibility of the athlete or athlete's coach to notify the Meet Referee, prior to competition, of any athlete disability requiring special consideration.**

## DIVING SESSION – Friday, January 22

The diving competition will follow the rules stated in the 2015-2016 NFSHSA Rules Book. It is the responsibility of both the coaches and competitors to know and follow the rules.

**Please remember NFSHSA rule 9-8-3: “A diver shall be disqualified and shall perform no further dives if he/she fails two dives.”**

The competition shall consist of 11 dives, five voluntary dives, and six optional dives. The five voluntary dives shall come from each of the five groups (forward, back, reverse, inward, twist) with their assigned degree of difficulty summing 9.0 or less. The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through semifinals (round 8). **All 5 groups must be represented in the first eight rounds.**

The dives performed during each round of championship competition shall be as follows:

Preliminaries	Rounds 1-5	2 voluntary, 3 optional
Semifinals	Rounds 6-8	2 voluntary, 1 optional
Finals	Rounds 9-11	1 voluntary, 2 optional

Diving entries will be done online using the DiveMeets.com system. Each diver will need to register ([www.divemeets.com](http://www.divemeets.com)) and enter their dives in the meet.

If you have any questions regarding the DiveMeets.com entry procedure, please contact the Meet Director:

Jackie Bertucci  
(865) 531-7297  
[kislentries@tnaquatics.com](mailto:kislentries@tnaquatics.com)

On Friday, January 22, coaches and divers must check-in with the KISL representative to insure that diving entries were properly received, pay \$10 entry fee per diver (unless payment was included with swimming entries), and supply dates of two meets in which the competitor either dived and/or swam in a high school dual or tri meet.

## SWIMMING SESSIONS – Saturday, January 23

The swimming competition will follow a Preliminary session / Final session format. The Final session will be swum as two heats, Consolation and Final, for each event.

Relay entry cards will be given to the coaches prior to the start of the meet. It is the responsibility of the coach to enter the names and order of the swimmers and the swimmers must give the completed card to the timer at the block prior to their heat.

The eight fastest times in each preliminary event will qualify to swim that event in Finals. The ninth through sixteenth fastest times in each preliminary event will qualify to swim that event in the Consolation finals. The seventeenth and eighteenth fastest times in each preliminary will be listed as alternates in the heat sheet for finals.

The 500 yard Freestyle will be swum as a "timed finals" event. The slower heats will be swum during the Preliminary Session and the fastest two heats will be swum during the Finals session.

For Finals session, alternates should report to the Deck Referee prior to event being called to the blocks.

## RELAYS

Relay teams may be entered in the meet without individual names. It shall not count as an entry unless the competitor actually competed in the event.

Any individual on the team may swim in the prelims, swim-off, and/or finals provided he/she does not exceed the permitted entries for the meet. The names of the four swimmers who compete shall be submitted on the relay card and given to the lane timer prior to the start of their heat.

## TIME TRIALS

At the discretion of the Meet Referee, there may be Time Trials available to swimmers attempting to achieve TISCA State Championship qualifying times at the conclusion of the preliminary session. A Time Trial swim will only be allowed for an event in which the swimmer was entered in the preliminary session. Coaches must request Time Trials through the Meet Referee. Entry fees for Time Trials will be \$3.00. Cutoff for requesting a Time Trial swim is the beginning of the 400Yard Freestyle Relay on each separate course.

## USA SWIMMING OBSERVED TIMES

Application for approval for Observation of USA Swimming technical rules has been submitted. If the meet is approved, those swimmers who are entered into the meet database with accurate USA-S ID numbers will have all times from legal USA-S swims automatically loaded into the national times database. **The athlete's correct USA Swimming ID#, registered full name with middle initial and date of birth must be included in the TM entry for that athlete.**

For those USA-S swimmers **without** USA-S ID's or **inaccurate** ID #'s, a written request must be submitted. **Leadoff splits for individual events and relays** must be specifically requested in writing. Requests must be made by submission of the **SES Individual Verification Request Form** by the athlete or coach within **two weeks** of the last day of the meet (February 06, 2016) and submitted to the SES SWIMS Chair. Email requests are not acceptable. Forms are available at: [www.seswim.org](http://www.seswim.org) An LSC administrative fee of \$5.00 per athlete, payable to SES, Inc. must be submitted with the request. Note: Late fees of \$10 per athlete must be submitted for requests after the two week time limit. Mail completed form & fees to:

SES SWIMS Chair  
Attn: Robbie Dellinger  
2408 Crestdale Circle  
Hoover Al, 35216

## **SCORING**

Sixteen places will be scored. The Finals heat will generate places 1 to 8. The Consolation heat will generate places 9 to 16.

Points will be awarded as follows:

Place:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>
Individual Events:	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relay Events:	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

## AWARDS

Individual and Relay Event Medals will be awarded for all places in the finals heat and Ribbons will be awarded for all places in the consolation finals heat. All medals and ribbons should be picked up by a team representative at the conclusion of the Finals session.

Team trophy award ceremony will be held at the completion of the competition. Team trophies will be awarded to the first, second and third place teams in each of the 3 divisions. Teams will be placed in one of the 3 divisions based on their total number of athletes entered in the meet. The cutoff numbers for each division will be determined by the Meet Director after all meet entries have been received.

## SCRATCH REQUIREMENTS

All **preliminary** individual and relay events may be scratched at the blocks without penalty. Coaches are encouraged to inform the Meet Referee of any known scratches from preliminary events.

**For finals**, any swimmer qualifying for a final event based on the results of the preliminaries must notify the Meet Referee within 30 minutes after announcement of the qualifiers for that event that he/she will not compete. A swimmer may also withdraw from a final event with a Declared False Start, notice of which must be given to the Meet Referee by 5:30 PM. Any swimmer who is seeded into finals and fails to compete in that finals event shall be barred from the remainder of the meet unless relieved by the Meet Referee.

If an individual competitor or relay team designated to swim in a Finals event is not available for that Finals event and the consolation heat of that event has been completed, that finals event will be swum with an open lane. There will be no re-seeding or adjustment of lane assignment and no points will be awarded for the open place in that event.

## PROTESTS

Protests against rule infractions or the judgment decisions of Starters, Stroke & Turn or Relay Take-Off judges must be made in writing within one-half hour after posting of the event under protest. After Finals all protests must be submitted within fifteen minutes after the posting of the last event.

## QUALIFYING TIMES FOR KISL CHAMPIONSHIP MEET

<u>WOMEN</u>	<u>EVENT NAME</u>	<u>MEN</u>
none	200 YARD MEDLEY RELAY	none
2:43.0	200 YARD FREESTYLE	2:38.0
3:03.0	200 YARD INDIVIDUAL MEDLEY	2:43.0
none	50 YARD FREESTYLE	none
1:31.0	100 YARD BUTTERFLY	1:21.0
none	100 YARD FREESTYLE	none
7:48.0	500 YARD FREESTYLE	7:03.0
none	200 YARD FREESTYLE RELAY	none
1:31.0	100 YARD BACKSTROKE	1:26.0
1:36.0	100 YARD BREASTSTROKE	1:31.0
none	400 YARD FREESTYLE RELAY	none

**2016 KISL REGIONAL HIGH SCHOOL  
SWIMMING AND DIVING CHAMPIONSHIPS MEET  
ENTRY FEE FORM**

School: \_\_\_\_\_

Coach: \_\_\_\_\_

Coach Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Swimmers may enter four events, no more than two of which may be Individual events. Entries are due no later than **Monday, January 18 at 9 pm**. Teams may enter this meet by sending a Hy-Tek Team Manager (TM) entry file to [kislentries@tnaquatics.com](mailto:kislentries@tnaquatics.com).

Late entries will be accepted based on lane availability until Tuesday, January 19, but no new heats will be created.

Each team will pay \$10.00 per competitor.

**\*\*\* Checks should be made payable to "KISL" \*\*\***

Number of Swimmers                    \_\_\_\_\_                    x                    \$10.00                    =                    \$ \_\_\_\_\_

Number of Divers                        \_\_\_\_\_                    x                    \$10.00                    =                    \$ \_\_\_\_\_

Total Number of Athletes            \_\_\_\_\_                    Total Fees Enclosed                    \$ \_\_\_\_\_

Deadline for receipt of TM entry files is 9:00 PM on Monday, January 18, 2016. Due to past difficulties in receiving timely payment, **all meet fees are due at the meet.**

Please bring your entry fee check, Meet Summary form, a list of coaches requiring deck access during the meet with you on Saturday morning.

**\* Please bring your school check to the meet or plan on writing a personal check that can be held until your school check is received.**